**Family Life Cycle Activity**

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| **Stage** | **Tourism engagement** | **Leisure, sport engagement** |
| **1.Bachelor stage:** young, single people not living at home |  |  |
| **2.Newly married couples:** young no children |  |  |
| **3. Full nest 1:** youngest child under 6 |  |  |
| **4. Full Nest 2:** youngest child 6 or over |  |  |
| **5. Full nest 3:** older couples with dependent children |  |  |
| **6. Empty nest 1:** older couples, no children living with them, still working |  |  |
| **7. Empty nest 2:** Older married couples, no children living at home, still working |  |  |
| **8. Solitary Survivor:** still working |  |  |
| **9. Solitary Survivor:**  retired |  |  |